

**HUBUNGAN ANTARA *OPTIMISME* DAN MAKNA HIDUP
PADA PASIEN KANKER PAYUDARA**

SKRIPSI



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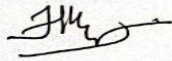
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ABSTRACT

Breast cancer patients face various physical and psychological challenges that may affect their emotional condition and the way they perceive meaning in life. In the context of chronic illness, optimism becomes an important psychological factor that helps individuals maintain hope, adapt to their health condition, and discover meaning in life. This study aimed to examine the relationship between optimism and meaning in life among breast cancer patients. This research employed a quantitative method with a correlational design. The population of this study consisted of breast cancer patients, with a sample of 155 respondents obtained through purposive sampling using a snowball sampling approach based on predetermined research criteria. Data were collected using the Life Orientation Test-Revised (LOT-R) questionnaire to measure optimism and the Meaning in Life Questionnaire (MLQ) to measure meaning in life. The assumption tests included normality and linearity tests using SPSS version 22, while data analysis was conducted using the Pearson Product Moment correlation test through JAMOV. The results showed a significant positive relationship between optimism and meaning in life among breast cancer patients, with a correlation value of $r = 0.416$; $p < 0.001$, indicating a moderate level of relationship. Higher levels of optimism among breast cancer patients were associated with higher levels of perceived meaning in life. These findings indicate that optimism plays an important role in helping breast cancer patients maintain meaning in life despite experiencing a severe health condition.

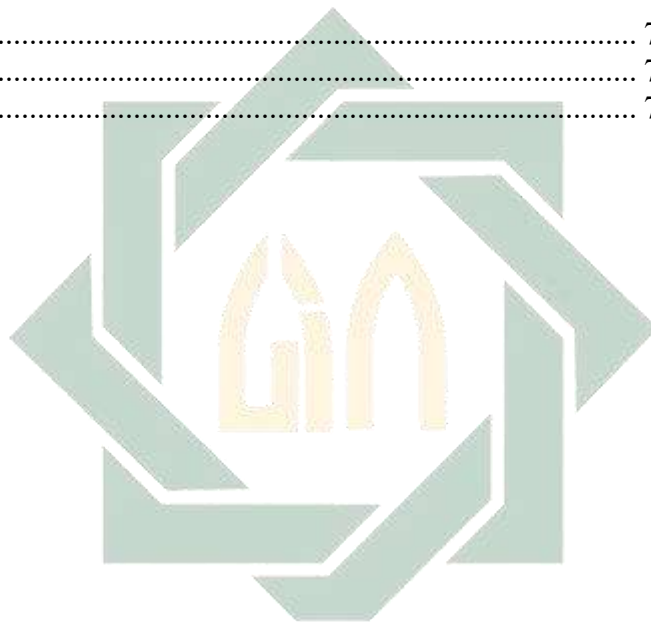
Keywords: *Optimism, Meaning in Life, Breast Cancer Patients*

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