

***PARENTING STRES INDEX* PADA IBU BEKERJA DITINJAU DARI USIA,
JUMLAH ANAK, STATUS PERNIKAHAN, TEMPAT TINGGAL, DAN
PENDAPATAN KELUARGA**

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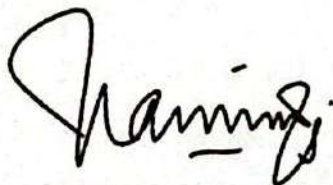
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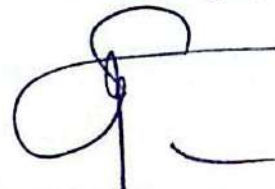
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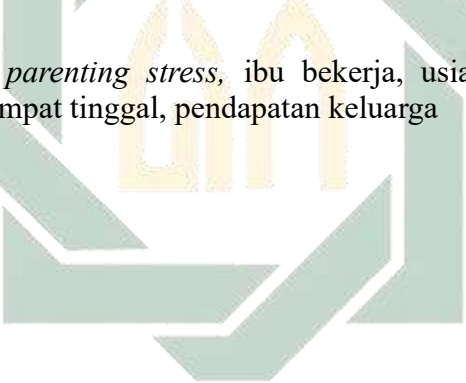
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INTISARI

Penelitian ini bertujuan untuk menguji dan menganalisis perbedaan *parenting stress index* pada ibu bekerja ditinjau dari usia, jumlah anak, status pernikahan, tempat tinggal, dan pendapatan keluarga. Penelitian ini menggunakan pendekatan kuantitatif komparatif. Subjek penelitian berjumlah 401 ibu bekerja yang berdomisili di Jawa Timur, dengan kriteria ibu yang bekerja penuh waktu dan memiliki anak. Teknik pengambilan sampel menggunakan *non-probability sampling* dengan metode *convenience sampling*. Pengumpulan data dilakukan menggunakan skala *Parenting Stress Index–Short Form* (PSI-SF). Data dianalisis menggunakan *independent sample t-test* dan *one-way ANOVA*. Hasil penelitian menunjukkan bahwa terdapat perbedaan *parenting stress* pada ibu bekerja berdasarkan usia, jumlah anak, tempat tinggal, dan pendapatan keluarga, sedangkan status pernikahan tidak menunjukkan perbedaan yang signifikan.

Kata kunci: *parenting stress*, ibu bekerja, usia, jumlah anak, status pernikahan, tempat tinggal, pendapatan keluarga

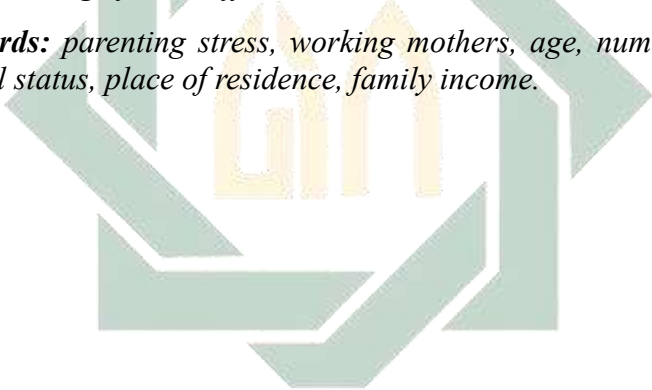


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ABSTRACT

*This study aims to examine and analyze the differences in parenting stress index among working mothers in terms of age, number of children, marital status, place of residence, and family income. This study employed a quantitative comparative approach. The participants consisted of 401 working mothers residing in East Java, with the criteria of being full-time employees and having children. The sampling technique used was non-probability sampling with the convenience sampling method. Data were collected using the Parenting Stress Index–Short Form (PSI-SF) scale. The data were analyzed using the independent sample *t*-test and one-way ANOVA. The results showed that there were significant differences in parenting stress among working mothers based on age, number of children, place of residence, and family income, whereas marital status did not show a significant difference.*

Keywords: *parenting stress, working mothers, age, number of children, marital status, place of residence, family income.*



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