

**PENGARUH *PARTNER PHUBBING* DAN *ROMANTIC BELIEFS*
TERHADAP *RELATIONSHIP SATISFACTION* PADA INDIVIDU YANG
TELAH MENIKAH**

SKRIPSI

Diajukan Kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk
Memenuhi Salah Satu Persyaratan dalam Menyelesaikan Program Strata Satu (S1)
Psikologi (S.Psi)



Aisyah Afni Ramadhan

11020121058

**PROGRAM STUDI PSIKOLOGI
FAKULTAS PSIKOLOGI DAN KESEHATAN
UNIVERSITAS ISLAM NEGERI SUNAN AMPEL SURABAYA
2025**

PERNYATAAN

Dengan ini saya menyatakan bahwa skripsi yang berjudul **“Pengaruh *Partner Phubbing* dan *Romantic Belief* terhadap *Relationship Satisfaction* Pada Individu yang Telah Menikah”** merupakan karya asli yang diajukan untuk memperoleh gelar Sarjana Psikologi di Universitas Islam Negeri Sunan Ampel Surabaya. Karya ini sepanjang pengetahuan saya tidak terdapat karya atau pendapat yang pernah ditulis atau diterbitkan oleh orang lain, kecuali yang secara tertulis diacu dalam naskah ini dan disebutkan dalam daftar pustaka.

Surabaya, 12 Juni 2025



Aisyah Afni Ramadhan

HALAMAN PERSETUJUAN

SKRIPSI

**PENGARUH PARTNER PHUBBING DAN ROMANTIC BELIEFS DENGAN
RELATIONSHIP SATISFACTION PADA INDIVIDU YANG TELAH MENIKAH**

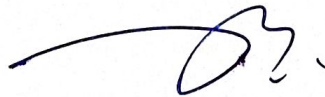
Oleh:

Aisyah Afni Ramadhan

11020121058

Telah disetujui untuk diajukan pada Sidang Skripsi

Surabaya, 12 Juni 2025
Dosen Pembimbing



Rizma Fithri, S.Psi, M.Si
NIP. 197403121999032001

HALAMAN PENGESAHAN

SKRIPSI

**PENGARUH PARTNER PHUBBING DAN ROMANTIC BELIEF TERHADAP
RELATIONSHIP SATISFACTION PADA INDIVIDU YANG TELAH
MENIKAH**

Yang disusun oleh

Aisyah Afni Ramadhan

11020121058

Telah dipertahankan di depan Tim Penguji

pada Tanggal 19 Juni 2025



Mengetahui,

Dekan Fakultas Psikologi dan Kesehatan

Dr. Nani Choirun Niam

NIP. 197007251996031004

Susunan Tim Penguji

Penguji I

Rizma Fithri, S.Psi, M.Si

NIP. 197403121999032001

Penguji II

Dr. H. Jainudin, M.Si

NIP. 196205081991031002

Penguji III

M. Fahmi Aufar Asyraf, B.Ed., M.A.

NIP. 199109302020121012

Penguji IV

Ika Mustika, M. Kes

NIP. 198702212014032004



UIN SUNAN AMPEL
SURABAYA

KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI SUNAN AMPEL SURABAYA
PERPUSTAKAAN

Jl. Jend. A. Yani 117 Surabaya 60237 Telp. 031-8431972 Fax.031-8413300
E-Mail: perpus@uinsby.ac.id

LEMBAR PERNYATAAN PERSETUJUAN PUBLIKASI
KARYA ILMIAH UNTUK KEPENTINGAN AKADEMIS

Sebagai sivitas akademika UIN Sunan Ampel Surabaya, yang bertanda tangan di bawah ini, saya:

Nama : Aisyah Afni Ramadhan
NIM : 11020121058
Fakultas/Jurusan : Fakultas Psikologi dan Kesehatan/Psikologi
E-mail address : aisyahafni117@gmail.com

Demi pengembangan ilmu pengetahuan, menyetujui untuk memberikan kepada Perpustakaan UIN Sunan Ampel Surabaya, Hak Bebas Royalti Non-Eksklusif atas karya ilmiah :

☒ Sekripsi ☐ Tesis ☐ Desertasi ☐ Lain-lain (.....)
yang berjudul :

Pengaruh *Partner Phubbing* dan *Romantic Belief* terhadap *Relationship Satisfaction* pada Individu yang

Telah Menikah

beserta perangkat yang diperlukan (bila ada). Dengan Hak Bebas Royalti Non-Eksklusif ini Perpustakaan UIN Sunan Ampel Surabaya berhak menyimpan, mengalih-media/format-kan, mengelolanya dalam bentuk pangkalan data (database), mendistribusikannya, dan menampilkan/mempublikasikannya di Internet atau media lain secara **fulltext** untuk kepentingan akademis tanpa perlu meminta ijin dari saya selama tetap mencantumkan nama saya sebagai penulis/pencipta dan atau penerbit yang bersangkutan.

Saya bersedia untuk menanggung secara pribadi, tanpa melibatkan pihak Perpustakaan UIN Sunan Ampel Surabaya, segala bentuk tuntutan hukum yang timbul atas pelanggaran Hak Cipta dalam karya ilmiah saya ini.

Demikian pernyataan ini yang saya buat dengan sebenarnya.

Surabaya, 26 Agustus 2025

Penulis

(Aisyah Afni Ramadhan)
nama terang dan tanda tangan

INTISARI

Penelitian ini bertujuan untuk menguji pengaruh *partner phubbing* dan *romantic belief* terhadap *relationship satisfaction* pada individu yang telah menikah. Penelitian ini menggunakan metode kuantitatif korelasional dan pengambilan sampel dilakukan secara *purposive* terhadap 465 partisipan. Instrumen penelitian yang digunakan adalah kuesioner yang telah diuji validitas dan reliabilitasnya. Data dianalisis menggunakan teknik regresi logistik biner. Hasil penelitian menunjukkan bahwa *partner phubbing* memiliki pengaruh negatif signifikan terhadap kepuasan hubungan ($B = -0,121$; $p < 0,001$; $\text{Exp}(B) = 0,886$), yang berarti semakin tinggi frekuensi *partner phubbing*, semakin rendah kemungkinan seseorang merasa puas dalam hubungan. Sedangkan, *Romantic Belief* memiliki pengaruh positif signifikan ($B = 0,119$; $p < 0,001$; $\text{Exp}(B) = 1,126$), yang menunjukkan bahwa semakin tinggi kepercayaan terhadap nilai romantis (*romantic belief*), semakin besar kemungkinan seseorang merasa puas. Selanjutnya, *Partner Phubbing* berkontribusi sebesar 50,46%, sementara *Romantic Belief* berkontribusi sebesar 49,54% terhadap model prediktif.

Kata kunci: *Partner phubbing, Romantic Belief, Relationship Satisfaction*

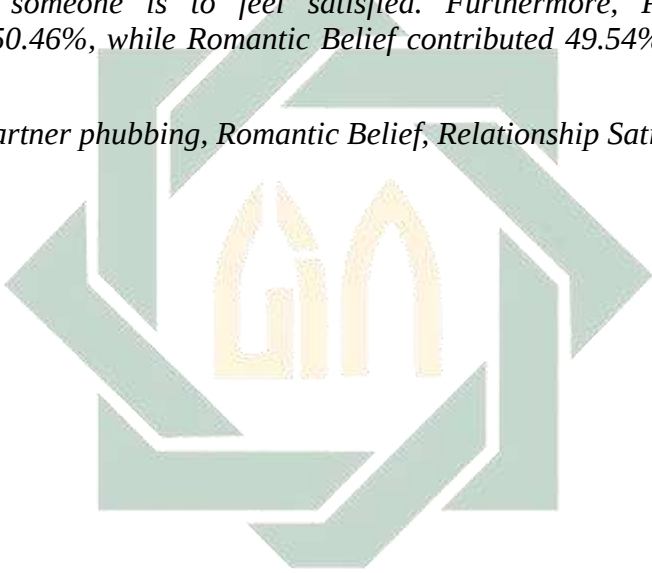


UIN SUNAN AMPEL
S U R A B A Y A

ABSTRAC

This study aims to examine the effect of partner phubbing and romantic belief on relationship satisfaction in married individuals. This study uses a quantitative correlational method and sampling was carried out purposively on 465 participants. The research instrument used was a questionnaire that had been tested for validity and reliability. Data were analyzed using binary logistic regression techniques. The results showed that partner phubbing had a significant negative effect on relationship satisfaction ($B = -0.121$; $p < 0.001$; $\text{Exp}(B) = 0.886$), which means that the higher the frequency of partner phubbing, the lower the likelihood of someone feeling satisfied in a relationship. Meanwhile, Romantic Belief has a significant positive effect ($B = 0.119$; $p < 0.001$; $\text{Exp}(B) = 1.126$), which shows that the higher the belief in romantic values (romantic belief), the more likely someone is to feel satisfied. Furthermore, Partner Phubbing contributed 50.46%, while Romantic Belief contributed 49.54% to the predictive model.

keywords: *Partner phubbing, Romantic Belief, Relationship Satisfaction*

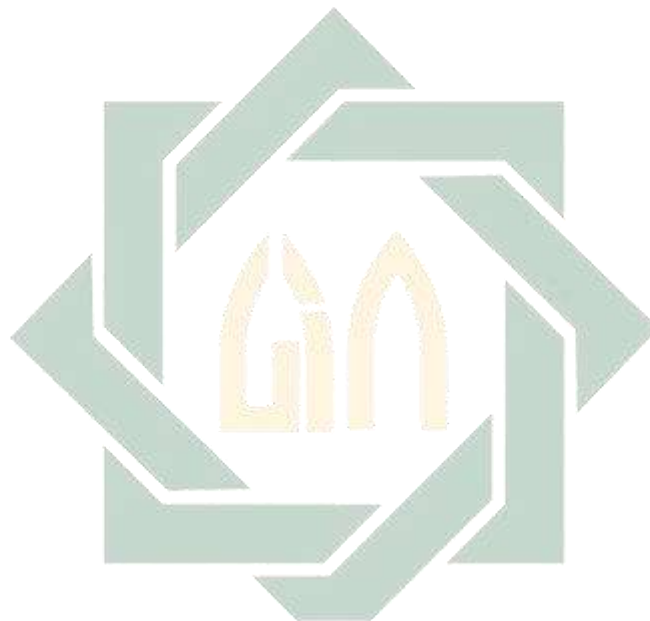


UIN SUNAN AMPEL
S U R A B A Y A

DAFTAR ISI

HALAMAN JUDUL.....	i
PERNYATAAN.....	ii
HALAMAN PERSETUJUAN.....	iii
HALAMAN PENGESAHAN.....	iv
KATA PENGANTAR	v
DAFTAR ISI.....	vii
DAFTAR TABEL	ix
DAFTAR GAMBAR	x
DAFTAR LAMPIRAN.....	xi
INTISARI.....	xii
BAB I PENDAHULUAN.....	14
A. Latar Belakang Masalah.....	14
B. Rumusan Masalah.....	20
C. Tujuan Penelitian	21
D. Manfaat Penelitian	21
E. Keaslian Penelitian.....	22
BAB II KAJIAN PUSTAKA.....	27
A. Relationship Satisfaction.....	27
B. Partner Phubbing.....	34
C. Romantic Belief	36
D. Hubungan antara Partner Phubbing dan Romantic Belief dengan Relationship Satisfaction.....	39
E. Kerangka Teoritik	40
F. Hipotesis.....	43
BAB III METODE PENELITIAN.....	44
A. Identifikasi Variabel.....	44
B. Definisi Operasional.....	44
C. Populasi, Sampel dan Teknik Sampling.....	45
D. Teknik Pengumpulan Data.....	48
E. Validitas dan Reliabilitas	51
F. Analisis Data	53
BAB IV HASIL DAN PEMBAHASAN	55

A. Hasil Penelitian	55
B. Pembahasan.....	71
BAB V PENUTUP.....	79
A. Kesimpulan	79
B. Saran.....	79
DAFTAR PUSTAKA	80
LAMPIRAN.....	87



UIN SUNAN AMPEL
S U R A B A Y A

DAFTAR TABEL

Tabel 1	Blueprint skala relationship satisfaction	49
Tabel 2	Penilaian skala relationship satisfaction	49
Tabel 3	Blueprint skala partner phubbing	50
Tabel 4	Penilaian skala partner phubbing	50
Tabel 5	Blueprint skala romantic belief	50
Tabel 6	Penilaian skala romantic belief	51
Tabel 7	Hasil uji validitas skala	52
Tabel 8	Hasil uji reliabilitas skala	53
Tabel 9	Deskripsi subjek berdasarkan gender	55
Tabel 10	Crosstabulation berdasarkan gender	56
Tabel 11	Deskripsi subjek berdasarkan tempat tinggal.....	57
Tabel 12	Crosstabulation berdasarkan tempat tinggal	58
Tabel 13	Deskripsi subjek berdasarkan durasi pernikahan	59
Tabel 14	Crosstabulation berdasarkan durasi pernikahan.....	59
Tabel 15	Deskripsi subjek berdasarkan variabel relationship satisfaction.....	60
Tabel 16	Deskripsi subjek berdasarkan variabel relationship satisfaction sebelum pengkodean	62
Tabel 17	Analisis deskriptif relationship satisfaction	63
Tabel 18	Deskriptif subjek berdasarkan variabel partner phubbing	63
Tabel 19	Rumus penentuan kategorisasi	64
Tabel 20	Analisis deskriptif variabel partner phubbing.....	64
Tabel 21	Deskriptif data berdasarkan variabel romantic belief	65
Tabel 22	Analisis deskriptif variabel romantic belief	65
Tabel 23	Hasil uji multikolineritas.....	66
Tabel 24	Hasil uji regresi logistik	66
Tabel 25	Hasil uji sumbangan efektif	67
Tabel 26	Hasil uji hipotesis.....	67
Tabel 27	Hasil uji hipotesis.....	69

UNIVERSITAS SUNAN AMPEL
SURABAYA

DAFTAR GAMBAR

Gambar 1. Kerangka Teoritis.....	43
----------------------------------	----



DAFTAR LAMPIRAN

Lampiran 1 Skala relationship satisfaction	87
Lampiran 2 Skala partner phubbing	88
Lampiran 3 Skala romantic belief	89
Lampiran 4 Uji validitas relationship satisfaction	92
Lampiran 5 Uji reliabilitas relationship satisfaction sebelum item gugur	92
Lampiran 6 Uji reliabilitas relationship satisfaction setelah item gugur.....	93
Lampiran 7 Uji validitas skala partner phubbing	93
Lampiran 8 Uji reliabilitas partner phubbing sebelum item gugur	93
Lampiran 9 Uji reliabilitas partner phubbing setelah item gugur	93
Lampiran 10 Uji validitas skala romantic belief	94
Lampiran 11 Uji reliabilitas romantic belief sebelum item gugur	94
Lampiran 12 Uji reliabilitas romantic belief setelah item gugur	95
Lampiran 13 Hasil ringkasan pengolahan data	95
Lampiran 14 Hasil uji signifikansi model	95
Lampiran 15 Hasil ringkasan model regresi blok 1	96
Lampiran 16 Hasil regresi variabel dalam model block 1	96
Lampiran 17 Hasil nilai CI block 1	96
Lampiran 18 Hasil signifikansi model block 2	96
Lampiran 19 Hasil ringkasan model block 2	97
Lampiran 20 Hasil kococokan model	97
Lampiran 21 Hasil regresi variabel block 2	97
Lampiran 22 Hasil nilai CI block 2	97
Lampiran 23 Tabulasi relationship satisfaction	98
Lampiran 24 Tabulasi partner phubbing	110
Lampiran 25 Tabulasi romantic belief	122
Lampiran 26 Bukti Bimbingan.....	134

UIN SUNAN AMPEL
S U R A B A Y A

DAFTAR PUSTAKA

- Abeelee, M. M. P. V., & Postma-Nilsenova, M. (2018). More than just gaze: An experimental vignette study examining how phone-gazing and newspaper-gazing and phubbing-while-speaking and phubbing-while-listening compare in their effect on affiliation. *Communication Research Reports*, 35(4), 303–313. <https://doi.org/10.1080/08824096.2018.1492911>
- Aditiya, N. Y., Evani, E. S., & Maghfiroh, S. (2023). Konsep Uji Asumsi Klasik Pada Regresi Linier Berganda. *Jurnal Riset Akuntansi Soedirman*, 2(2), 102–110. <https://doi.org/10.32424/1.jras.2023.2.2.10792>
- Afifah, E. R. N., & Savira, S. I. (2023). Adaptasi wanita di awal pernikahan. *Jurnal Penelitian Psikologi*, 10(03), 268–292.
- Ajooba, K. F., & Ambarwati, K. D. (2023). Phubbing Behavior and Satisfaction of Romantic Relationships in Early Adult Dating: a Correlational Study. *Journal of Community Mental Health and Public Policy*, 6(1), 24–33. <https://doi.org/10.51602/cmhp.v6i1.119>
- Al-Saggaf, Y. (2022). Partner Phubbing. In: The Psychology of Phubbing. In Y. Al-Saggaf (Ed.), *SpringerBriefs in Psychology* (pp. 21–31). Springer Nature Singapore. https://doi.org/10.1007/978-981-19-7045-0_3
- Angela, E., & Hadiwirawan, O. (2022). Keyakinan Cinta Mengatasi Rintangan dan Ideak: Kaitan Dengan Cinta dan Harapan Pada Hubungan Romantis di Dewasa Awal. *Jurnal Psikologi Unsyiah*, 5(1).
- Artamevia, E., & Wrastari, A. T. (2021). Studi Komparasi Kepuasan Pernikahan Ditinjau dari Durasi Pernikahan. *Buletin Riset Psikologi Dan Kesehatan Mental (BRPKM)*, 1(2), 1105–1114. <https://doi.org/10.20473/brpkm.v1i2.28607>
- Averina, W., & Setiasih, S. (2025). Perbedaan Relationship Satisfaction pada Emerging Adult yang Menjalani Hubungan Romantis Ditinjau dari Jenis Kelamin dan Jarak Hubungan Relationship Satisfaction Differences of Emerging Adult in a Romantic Relationship Based on Gender and Relationship Dist. *Psikologi Sains & Profesi*, 9(1), 1–7.
- Basson, R. (2000). The female sexual response: A different model. *Journal of Sex and Marital Therapy*, 26(1), 51–65. <https://doi.org/10.1080/009262300278641>
- Bawono, Y., Retno Suminar, D., & Hendriani, W. (2023). The Life Experience of Ethnic Madurese Women in Early Marriage: A Phenomenological Study. *Mozaik Humaniora*, 23(1), 61–76. <https://doi.org/10.20473/mozaik.v23i1.37581>
- Beukeboom, C. J., & Pollmann, M. (2021). Partner phubbing: Why using your phone during interactions with your partner can be detrimental for your relationship. *Computers in Human Behavior*, 124.

<https://doi.org/10.1016/j.chb.2021.106932>

BPS. (2024a). *Jumlah Perceraian Menurut Provinsi dan Faktor, 2023 - Tabel Statistik - Badan Pusat Statistik Indonesia*. BPS. <https://www.bps.go.id/id/statistics-table/3/YVdoU1IwVmlTM2h4YzFoV1psWkViRXhqTlZwRFVUMDkjMw==/number-of-divorces-by-province-and-factors--2022.html?year=2023>

BPS. (2024b). *Nikah dan Cerai Menurut Provinsi (kejadian), 2024*. BPS.

Bühler, J. L., Krauss, S., Orth, U., Bühler, J. L., Krauss, S., Orth, U., Krauss, S., & Orth, U. (2021). Psychological Bulletin Development of Relationship Satisfaction Across the Life Span : A Systematic Review and Meta-Analysis Development of Relationship Satisfaction Across the Life Span : A Systematic Review and Meta-Analysis. *Psychological Bulletin*.

Chrisnatalia, M., Ajeng, F., & Ramadhan, E. (2022). Kepuasan Hubungan Romantis Pada Wanita Dewasa Awal Yang Menjalinkan Hubungan Pacaran Jarak Jauh (Studi Deskriptif). *Jurnal Psikologi: Media Ilmiah Psikologi*, 20(2), 1–7.

Dameria Sinaga. (2014). *Statistik Dasar* (Aliwar (ed.)). UKI PRESS.

Darmawan, A. D. (2024). *Jumlah Perceraian di Jawa Timur Periode 2018-2023*. Databoks. <https://databoks.katadata.co.id/demografi/statistik/0878d7df0f2af26/update-2023-jumlah-perceraian-jawa-timur-33-57-ribu-kasus#:~:text=Jumlah perceraian di Jawa Timur tercatat 33%2C57 ribu kasus,ini%2C jumlah perceraian mengalami penurunan>

David, M. E., & Roberts, J. A. (2021). Investigating the impact of partner phubbing on romantic jealousy and relationship satisfaction: The moderating role of attachment anxiety. *Journal of Social and Personal Relationships*, 38(12). <https://doi.org/https://doi.org/10.1177/0265407521996454>

DeCoster, J., Gallucci, M., & Iselin, A. M. R. (2011). Best Practices for Using Median Splits, Artificial Categorization, and their Continuous Alternatives. *Journal of Experimental Psychopathology*, 2(2), 197–209. <https://doi.org/10.5127/jep.008310>

Eagly, A. H., & Wood, W. (1987). Social Role Theory. In *460 HANDBOOK OF THEORIES OF SOCIAL PSYCHOLOGY*.

Fauzy, A. (2019). *Metode Sampling*. Universitas Terbuka.

Frackowiak, M., Hilpert, P., & Russell, P. S. (2024). Impact of partner phubbing on negative emotions: a daily diary study of mitigating factors. *Current Psychology*, 43(2), 1835–1854. <https://doi.org/10.1007/s12144-023-04401-x>

Freihart, B. K., N, L., McMahon, K., H.-P. R., & Meston, C. M. (2023). Relationship Satisfaction. In *The Cambridge Handbook of Personal*

- Relationships*, Second Edition (pp. 422–436).
<https://doi.org/10.1017/9781316417867.033>
- Gala, J., & Ghadiyali, N. N. (2020). Romantic Memes and Beliefs: Influence on Relationship Satisfaction. *Psychological Studies*, 65(4), 394–407.
<https://doi.org/10.1007/s12646-020-00585-5>
- Gander, F., Uhlich, M., Traut, A. C., Saameli, M. A., Bühler, J. L., Weidmann, R., & Grob, A. (2024). The role of relationship beliefs in predicting levels and changes of relationship satisfaction. *European Journal of Personality*, 0(0), 1–17. <https://doi.org/10.1177/08902070241240029>
- Grumeth, A. M., Rothenhäusler, H. B., Mörtl, S., Wagner-Skacel, J., Sciri, E., & Baranyi, A. (2025). Biopsychosocial impact of high levels of trait anxiety on family caregivers in the end-of-life palliative care setting. *PLoS ONE*, 20(3 March), 1–17. <https://doi.org/10.1371/journal.pone.0307349>
- Han, Y., Li, X., Song, W., & He, Y. (2025). Young adult partner phubbing and relationship satisfaction : the mediating role of attachment anxiety and the moderating role of constructive conflict coping style. *Frontiers in Psychology*, February. <https://doi.org/10.3389/fpsyg.2025.1490363>
- Harmer, R. J., & Findlay, B. M. (2005). The effect of intimate relationship length on the positive and negative qualities of the relationship for those 25-35 year olds in dual-earner relationships. *Australian Psychological Society*.
- Hazan, C., & Shaver, P. (1987). Romantic Love Conceptualized as an Attachment Process. *Journal of Personality and Social Psychology*, 52(3), 511–524.
- Hendrick, S. S. (1988). A Generic Measure of Relationship Satisfaction. *Journal of Marriage and the Family*, 50(1), 93. <https://doi.org/10.2307/352430>
- Hendrick, S. S., Hendrick, C., & Adler, N. L. (1988). Romantic Relationships: Love, Satisfaction, and Staying Together. *Journal of Personality and Social Psychology*, 54(6), 980–988. <https://doi.org/10.1037/0022-3514.54.6.980>
- Hidayati, S., Weriana, W., Suryana, E., & Abdurrahmansyah, A. (2023). Perkembangan Kognitif Menurut Teori Sosio-Kultural dan Implikasinya dalam Pembelajaran. *JlIP - Jurnal Ilmiah Ilmu Pendidikan*, 6(9), 6706–6714. <https://doi.org/10.54371/jiip.v6i9.2305>
- Isna Nur Azizah, Arum, P. R., & Wasono, R. (2021). Model terbaik uji multikolinearitas untuk analisis faktor-faktor yang mempengaruhi produksi padi di Kabupaten Blora tahun 2020. *Prosiding Seminar Nasional UNIMUS*, 4, 61–69. https://scholar.google.com/scholar?as_ylo=2021&q=uji+autokorelasi+adalah&hl=id&as_sdt=0,5
- Józefacka, N. M., Szpakiewicz, E., Lech, D., Guzowski, K., & Kania, G. (2023). What Matters in a Relationship—Age, Sexual Satisfaction, Relationship Length, and Interpersonal Closeness as Predictors of Relationship Satisfaction

- in Young Adults. *International Journal of Environmental Research and Public Health*, 20(5). <https://doi.org/10.3390/ijerph20054103>
- Kalamsari, N. S., & Ginanjar, A. S. (2022). Kelekatan, resolusi konflik, dan kepuasan hubungan berpacaran pada dewasa muda: Model analisis jalur. *Jurnal Psikologi Ulayat*, 10, 39–58. <https://doi.org/10.24854/jpu507>
- Karananeethi, A., Prihadi, K. D., Ho, Y. M., Shoba, C., Nesan, G., Cahyanti, I. Y., & Surjaningrum, E. R. (2024). Achieving relationship satisfaction: household gender equality and mattering. *International Journal of Public Health Science*, 13(1), 376–384. <https://doi.org/10.11591/ijphs.v13i1.23214>
- Kendhawati, L., & Purba, F. D. (2019). Hubungan Kualitas Pernikahan Dengan Kebahagiaan Dan Kepuasan Hidup Pribadi: Studi Pada Individu Dengan Usia Pernikahan 1-5 Tahun Di Bandung. *Jurnal Psikologi*, 18(1), 106. <https://doi.org/10.14710/jp.18.1.106-115>
- Khodabakhsh, S., & Le Ong, Y. (2021). Impact of partner phubbing on marital quality among married couples in Malaysia: Moderating effects of gender and age. *Aloma*, 39(1), 9–16. <https://doi.org/10.51698/ALOMA.2021.39.1.9-16>
- Knee, C. R., & Bush, A. L. (2008). Relationship beliefs and their role in romantic relationship initiation. In *Handbook of relationship initiation*. (pp. 471–485). Psychology Press.
- Kurt, A. A., & Akbay, S. E. (2024). The Mediating Role of Relationship Satisfaction Between Authenticity and Self-Esteem In Romantic Relationships. *Research on Education and Psychology*, 8(1), 103–113. <https://doi.org/10.54535/rep.1413533>
- Li, S., Poolen, G. C., van Vliet, L. C., Schipper, J. G., Broekhuizen, R., Monnikhof, M., Van Hecke, W., Vermeulen, J. F., & Bovenschen, N. (2022). Pediatric medulloblastoma express immune checkpoint B7-H3. *Clinical and Translational Oncology*, 24(6), 1204–1208. <https://doi.org/10.1007/s12094-021-02762-y>
- McConomy, S. (2023). *Phubbing is Set to Be the Biggest Divorce Trend of 2024*. Sellcell.
- Meneses, E., Charron, K., & Hess, E. (2019). *Romantic Beliefs: The Impact on Relationship Satisfaction and Well-Being*. 1–5.
- Muhid, A. (2019). *Analisis Statistik* (D. N. Hidayat (ed.); 2nd ed.). Zifatama Jawa. <https://doi.org/10.1088/1751-8113/44/8/085201>
- Nabilah, R., Putri, A., Eka, A., & Am, S. (2023). *Hubungan romantic beliefs dengan emotional dependency pada emerging adulthood yang sedang berpacaran (The relationship between romantic beliefs and emotional dependency in emerging adulthood who are in a dating relationship)*. 55–76.
- Novitasari, F., Pertiwi, Y. W., & Perdini, T. A. (2021). Relationship Satisfaction

- Pada Mahasiswa Yang Berpacaran Ditinjau Dari Perilaku Phubbing. *Jurnal Kajian Ilmiah*, 21(4). <http://ejurnal.ubharajaya.ac.id/index.php/JKI>
- Orsley, A. G., & Simanjuntak, E. J. (2023). Hubungan antara Kecemburuan Romantis dengan Kepuasan Hubungan pada Emerging Adult yang Berpacaran. *Jurnal Psikologi Teori Dan Terapan*, 14(1), 90–104. <https://doi.org/10.26740/jptt.v14n1.p90-104>
- Raharjanti, N. W., Wiguna, T., Purwadianto, A., Soemantri, D., Indriatmi, W., Poerwandari, E. K., Mahajudin, M. S., Nugrahadi, N. R., Roekman, A. E., Saroso, O. J. D. A., Ramadianto, A. S., & Levania, M. K. (2022). Translation, validity and reliability of decision style scale in forensic psychiatric setting in Indonesia. *Heliyon*, 8(7), e09810. <https://doi.org/10.1016/j.heliyon.2022.e09810>
- Rakhshani, T., Amirsafavi, M., Motazedian, N., Harsini, P. A., Kamyab, A., & Jeihooni, A. K. (2024). Association of quality of life with marital satisfaction, stress, and anxiety in middle-aged women. *Frontiers in Psychology*, 15(September), 1–8. <https://doi.org/10.3389/fpsyg.2024.1357320>
- Ramadhan, M. F., Siroj, R. A., & Afgani, M. W. (2024). Validitas and Reliabilitas. *Journal on Education*, 6(2), 10967–10975. <https://doi.org/10.31004/joe.v6i2.4885>
- Riswana, S. N., & Nasution, H. A. (2024). Validity and Reliability of Test and Non-Test Research Instruments on Chemical Bond Materials. *LAVOISIER: Chemistry Education Journal*, 3(1), 23–31. <https://doi.org/10.24952/lavoisier.v3i1.11392>
- Roberts, J. A., & David, M. E. (2016). My life has become a major distraction from my cell phone: Partner phubbing and relationship satisfaction among romantic partners. *Computers in Human Behavior*, 54, 134–141. <https://doi.org/10.1016/j.chb.2015.07.058>
- Roberts, J. A., & David, M. E. (2022). Partner phubbing and relationship satisfaction through the lens of social allergy theory. *Personality and Individual Differences*, 195(111676). <https://doi.org/10.1016/j.paid.2022.111676>
- Roberts, J. A., & David, M. E. (2023). Partner Phubbing and Relationship Satisfaction among High and Low Reward Romantic Partners: An Expectancy Violations Theory Perspective. *International Journal of Human-Computer Interaction*, 1(10).
- Slamet, R., & Wahyuningsih, S. (2022). Validitas Dan Reliabilitas Terhadap Instrumen Kepuasan Ker. *Aliansi : Jurnal Manajemen Dan Bisnis*, 17(2), 51–58. <https://doi.org/10.46975/aliansi.v17i2.428>
- Sprecher, S., & Metts, S. (1989). Development of the Romantic Belief Scale and Examination of the Effect of Gender and Gender-Role Orientation. *Journal of*

Social and Personal Relationship, 6, 387–411.

- Suci Asmorowati, B., & Sulaeman, B. (2024). The Role Of Sadness In Satisfaction In Romantic Relationships Early Adulthood. *Jurnal Diversita*, 10(1). <https://doi.org/10.31289/diversita.v10i1.11700>
- Sukwika, T. (2023). Menentukan Populasi dan Sampling. In *Metode Penelitian "Dasar Praktik dan Penerapan Berbasis ICT"* (Issue August). <https://www.researchgate.net/publication/373137498>
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). *Social Psychology* (12th ed.). Pearson/Prentice Hall.
- Thomas, T. T., Carnelley, K. B., & Claire, M. H. (2022). Phubbing in romantic relationships and retaliation: A daily diary study. *Computers in Human Behavior*, 137(June), 107398. <https://doi.org/10.1016/j.chb.2022.107398>
- Utami, M., Islamiyati, A., & Thamrin, S. A. (2024). Pendugaan Koefisien Regresi Logistik Biner Menggunakan Algoritma Least Angle Regression. *ESTIMASI: Journal of Statistics and Its Application*, 5(1), 75–83. <https://doi.org/10.20956/ejsa.v5i1.12489>
- Utami, M., Noorrizki, R. D., & Putri, I. S. (2022). Partner Phubbing dan Kepuasan Hubungan Romantis Dating Couple pada Dewasa Muda. *Psychocentrum Review*, 4(3), 268–283. <https://doi.org/10.26539/pcr.431182>
- Vanden, M. M. P., Hendrickson, A. T., Pollmann, M. M. H., & Ling, R. (2019). Computers in Human Behavior Phubbing behavior in conversations and its relation to perceived conversation intimacy and distraction : An exploratory observation study. *Computers in Human Behavior*, 100(May), 35–47. <https://doi.org/10.1016/j.chb.2019.06.004>
- Vangelisti, A. L., & Huston, T. L. (1994). Maintaining marital satisfaction and love. In *Communication and relational maintenance*. (pp. 165–186). Academic Press.
- Vanlaningham, J., Johnson, D. R., & Amato, P. (2001). Marital happiness, marital duration, and the u-shaped curve: Evidence from a five-wave panel study. *Social Forces*, 79(4), 1313–1341. <https://doi.org/10.1353/sof.2001.0055>
- Wang, X., Zhao, F., & Lei, L. (2021). Partner phubbing and relationship satisfaction: Self-esteem and marital status as moderators. *Current Psychology*, 40(7), 3365–3375. <https://doi.org/10.1007/s12144-019-00275-0>
- Wong, L. P., Alias, H., Siaw, Y. L., Muslimin, M., Lai, L. L., Lin, Y., & Hu, Z. (2022). Intention to receive a COVID-19 vaccine booster dose and associated factors in Malaysia. *Human Vaccines and Immunotherapeutics*, 18(5). <https://doi.org/10.1080/21645515.2022.2078634>
- Xu, E., Prihadi, K. D., Wulandari, P. Y., Adiati, R. P., Cahyono, R., Widayat, I. W., Indrijati, H., Septarini, B. G., & Nisa, V. K. (2023). Is a good relationship

enough for a good life? *International Journal of Public Health Science*, 12(4), 1788–1794. <https://doi.org/10.11591/ijphs.v12i4.22967>

Yoo, G., & Joo, S. (2022). Love for a Marriage Story: The Association Between Love and Marital Satisfaction in Middle Adulthood. *Journal of Child and Family Studies*, 31(6), 1570–1581. <https://doi.org/10.1007/s10826-021-02055-6>

Zagefka, H., Clarke, Z., Kabeli, G., Lundy, C., Plumtree, A., & Smith, G. (2021). Lay Beliefs About Romantic Relationships : A Mediator of the Effect of Family Dysfunction on Romantic Relationship Satisfaction. *Journal of Adult Development*, 28(4), 299–308. <https://doi.org/10.1007/s10804-021-09374-4>

Zhan, S., Shrestha, S., & Zhong, N. (2022). Romantic relationship satisfaction and phubbing: The role of loneliness and empathy. *Frontiers in Psychology*, 13(October), 1–12. <https://doi.org/10.3389/fpsyg.2022.967339>



UIN SUNAN AMPEL
S U R A B A Y A