

**HUBUNGAN ANTARA *FORGIVENESS* DAN *SELF-ACCEPTANCE* DENGAN
RESILIENSI SANTRI PONDOK PESANTREN DI BLORA**

SKRIPSI



**UIN SUNAN AMPEL
S U R A B A Y A**

Alvina Rachma
11040122136

**PROGRAM STUDI PSIKOLOGI
FAKULTAS PSIKOLOGI DAN KESEHATAN
UNIVERSITAS ISLAM NEGERI SUNAN AMPEL
SURABAYA
2026**

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Alvina Rachma

HALAMAN PERSETUJUAN

**Hubungan Antara Forgiveness dan Self-Acceptance dengan Resiliensi Santri
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Oleh:

Alvina Rachma

11040122136

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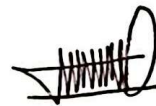
Surabaya, 22 Desember 2025

Dosen Pembimbing I



Prof. Dr. H. Moh Sholeh, M.Pd
NIP. 195912091990021001

Dosen Pembimbing II



Muhammad Syifaul Muntafi, M.Sc
NIP. 199211142020121016

HALAMAN PENGESAHAN
SKRIPSI
HUBUNGAN ANTARA *FORGIVENESS* DAN *SELF-ACCEPTANCE*
DENGAN RESILIENSI SANTRI PONDOK PESANTREN DI BLORA

Yang disusun oleh
Alvina Rachma
11040122136

Telah dipertahankan di depan Tim Penguji
Pada Tanggal 07 Januari 2026



Mengetahui
Dekan Fakultas Psikologi dan Kesehatan

Dr. phil. Khoirun Niam
NIP.197007251996031004

Susunan Tim Penguji

Penguji I

Prof. Dr. H. Moh/ Sholeh, M.Pd.
NIP. 195912091990021001

Penguji II

Muhammad Syifaul Muntafi, M.Sc.
NIP. 199211142020121016

Penguji III

Drs. H. Hamim Rosyidi, M.Si.
NIP. 196208241987031002

Penguji IV

Dr. Suryani, S.Ag., S.Psi., M.Si.
NIP. 197708122005012004

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KEMENTERIAN AGAMA UNIVERSITAS ISLAM NEGERI SUNAN AMPEL SURABAYA PERPUSTAKAAN

Jl. Jend. A. Yani 117 Surabaya 60237 Telp. 031-8431972 Fax. 031-8413300
E-Mail: perpus@uinsby.ac.id

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Nama : Alvin Rachma
NIM : 11040122136
Fakultas/Jurusan : Fpk / psikologi
E-mail address : alvinrachma317@gmail.com

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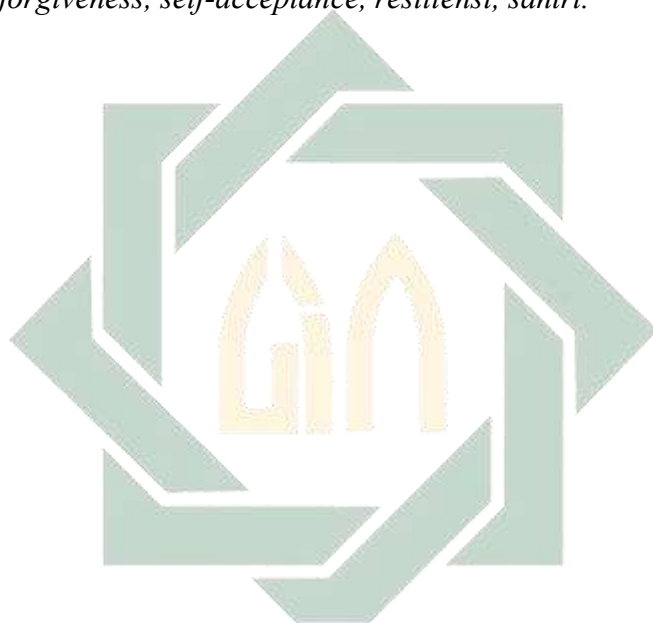
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INTISARI

Penelitian ini memiliki tujuan untuk mengetahui hubungan antara *forgiveness* dan *self-acceptance* dengan resiliensi pada santri pondok pesantren di Blora. Metode penelitian ini menggunakan metode kuantitatif korelasional. Data penelitian ini diperoleh melalui penyebaran kuesioner sejumlah 160 santri yang dipilih berdasarkan teknik *purposive sampling*. Instrumen pengukuran yang digunakan meliputi skala CD-RISC untuk resiliensi, skala TRIM-18 untuk *forgiveness*, skala USAQ untuk *self-acceptance*. analisis data menggunakan analisis regresi linear berganda. Hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan antara *forgiveness* dan *self-acceptance* dengan resiliensi baik secara sendiri-sendiri maupun bersamaan.

Kata kunci: *forgiveness*, *self-acceptance*, resiliensi, santri.

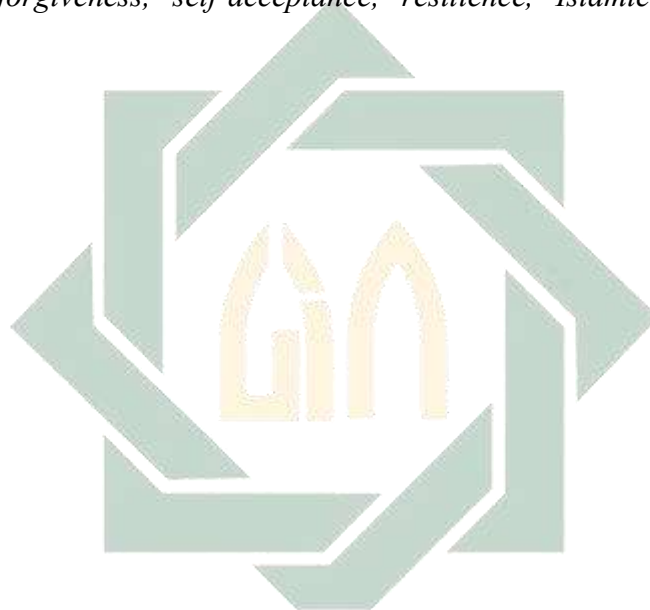


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ABSTRAK

This study aims to determine the relationship between forgiveness and self-acceptance with resilience among Islamic boarding school students in Blora. This research method uses a quantitative correlational method. The data for this study were obtained by distributing questionnaires to 160 students selected using a purposive sampling technique. The measurement instruments used include the CD-RISC scale for resilience, the TRIM-18 scale for forgiveness, and the USAQ scale for self-acceptance. Data analysis used multiple linear regression analysis. The results showed a significant relationship between forgiveness and self-acceptance with resilience, both individually and simultaneously.

Keywords: *forgiveness, self-acceptance, resilience, Islamic boarding school students.*



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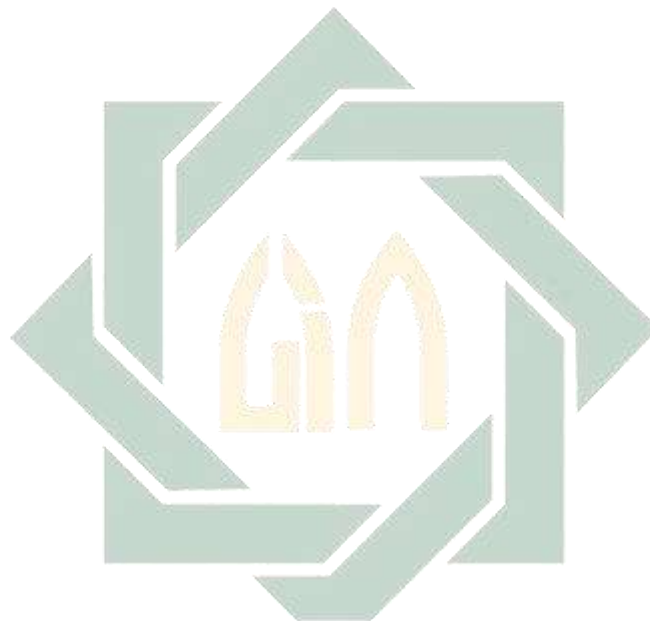
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UIN SUNAN AMPEL
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