

ABSTRACT

Lubaba, Silvia. 2017. Esther Greenwood's Distaste of Life as Seen in Sylvia Plath's *the Bell Jar*, English Department, Faculty of Arts and Humanities, State Islamic University Sunan Ampel Surabaya Surabaya.

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This study attempts to analyze Sylvia Plath's novel entitled *The Bell Jar*. This novel tells about a girl named Esther Greenwood who has gone through a lot of things in her life. She has many bad experiences and those then influence her. Esther then lives with a lot of distaste. This study concerns to analyze the causes and the effects of Esther's distaste for her life. The aims of this study are to understand what makes Esther has distaste of life and to find out the effect of the distaste. Therefore, this study can provide some explanations about Esther distaste of life including her distaste to men, her friends, her mother and the general social's perspectives. Then, this also gives explanations about the effect of Esther's distaste as what she does when her distaste showing up.

This study uses descriptive qualitative method. Things that will be done are explained as follow: the first, this will describe the causes of Esther Greenwood's distaste of life. It will be analyzed using Sigmund Freud's psychoanalysis. Then, the analysis will be continued to the effect of Esther Greenwood's distaste of life. The last part, this study will also conclude the whole analysis. After analyzing the data, the result shows up that Esther Greenwood has distaste for her life because of her unconscious mind. She got a lot of influences from her bad experiences happened on her past. Those experiences include the time she spent with her ex boyfriend, her mother, her friends, and also her opposite views toward the social perspectives. Then, the effect of Esther's distaste is that she tends to use defense mechanisms such as denial, fantasy, reaction formation, projection, rationalization, repression, displacements, sublimation, undoing, and acting out, every time her distasteful feelings showing up.

Key Word: Distaste, Defense Mechanism

